Summer is the peak season for lightning-related deaths and injuries, though people are struck by lightning year-round.   
  
The National Weather Service provides a wide range of [information about lightning](http://links.govdelivery.com/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTIwMTMwNjI0LjIwMzEwNjQxJm1lc3NhZ2VpZD1NREItUFJELUJVTC0yMDEzMDYyNC4yMDMxMDY0MSZkYXRhYmFzZWlkPTEwMDEmc2VyaWFsPTE3NjM4MjY2JmVtYWlsaWQ9YW5uZS5wb2RvbGFrQGZyZWRvbmlhLmVkdSZ1c2VyaWQ9YW5uZS5wb2RvbGFrQGZyZWRvbmlhLmVkdSZmbD0mZXh0cmE9TXVsdGl2YXJpYXRlSWQ9JiYm&&&100&&&http://www.lightningsafety.noaa.gov/), including these facts and tips:

**General Tips**

* No outdoor area is safe when you hear thunder.
* If you hear thunder, find a safe indoor shelter (a substantial building or enclosed, metal-topped vehicle with the windows up).

**Indoor Safety Tips**

* Stay off corded phones, computers, and other electrical equipment.
* Avoid plumbing, including sinks, baths, and faucets.
* Stay away from porches, windows, and doors.
* Never lie on concrete floors or lean against concrete walls.

**Outdoor Safety Tips**

No outdoor area is safe during a thunderstorm, but if you're caught outside with no safe shelter options, take these steps to reduce your risk of being struck by lightning:

* Come down from elevated areas.
* Never lie flat on the ground.
* Never shelter under an isolated tree.
* Never use a cliff or rocky overhang for shelter.
* Immediately get out and away from ponds, lakes, and other bodies of water.
* Stay away from objects that conduct electricity, such as wire fences.

Read some interesting [myths and facts about lightning](http://links.govdelivery.com/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTIwMTMwNjI0LjIwMzEwNjQxJm1lc3NhZ2VpZD1NREItUFJELUJVTC0yMDEzMDYyNC4yMDMxMDY0MSZkYXRhYmFzZWlkPTEwMDEmc2VyaWFsPTE3NjM4MjY2JmVtYWlsaWQ9YW5uZS5wb2RvbGFrQGZyZWRvbmlhLmVkdSZ1c2VyaWQ9YW5uZS5wb2RvbGFrQGZyZWRvbmlhLmVkdSZmbD0mZXh0cmE9TXVsdGl2YXJpYXRlSWQ9JiYm&&&101&&&http://www.lightningsafety.noaa.gov/facts_truth.htm).